



# Apple Slice Doughnuts

Inspired by: Good Housekeeping, "Kids Cook"

Serving Size: 1

## Ingredients:

1 Apple

"Frosting" Options:

Yogurt

Cream Cheese

Chocolate Hazelnut Spread

Nut Butter/Sunflower Seed Butter/ Peanut  
Butter

Topping Options:

Fruit, nuts, seeds, chocolate chips, honey,  
granola and more!

## Instructions:

1. Core apple.
2. Slice horizontally into rings.
3. Spread choice of "frosting" on top of each apple ring.
4. Sprinkle with choice of toppings.
5. Enjoy!

Try these combinations!

- Yogurt + strawberries + honey
- Yogurt + blueberries + granola
- Strawberry cream cheese + granola + strawberries
- Chocolate-hazelnut spread + coconut + marshmallows
- Peanut butter + banana + chocolate chips