



# Bean and Cheese Roll-up

Serving Size: 1

## Ingredients:

- 1 Tortilla
- 2 oz Refried Beans
- 1 oz Shredded Cheese

Optional: Add diced cherry tomatoes, diced peppers, salsa, Tajin or your favorite dipping sauce to customize it!

## Instructions:

1. Lay tortilla flat on a plate.
2. Spread refried beans on the top side of tortilla.
3. Sprinkle cheese over the refried beans.
4. Add optional toppings, if desired.
5. Start by rolling up one edge with ingredients on the inside.
6. Cut in half, if desired.
7. Enjoy!

