



Ingredients:

1 Cup Frozen Strawberries
1 Frozen Banana
1 Cup Frozen Sliced Peaches
1 Cup Frozen Mango Chunks
1 Tbsp Honey
Almond Milk as needed

Toppings:

1/4 Cup Diced Strawberries
1/4 Cup Diced Banana
1/4 Cup Blueberries
1/4 Cup Green Grapes
1/4 Cup Mini Milk Chocolate Chips

Rainbow Smoothie Bowls

By: Jazlynn

Serving Size: 2

Instructions:

1. In a blender, combine frozen strawberries, frozen banana, 1/2 tablespoon honey and 1/2 cup almond milk. Blend until it is pink and smooth. Add more almond milk as needed.
2. Pour pink smoothie mixture into large bowl. Cover bowl and freeze.
3. Clean blender and then add in peaches, mangos, 1/2 tablespoon honey and 1/2 cup almond milk. Blend until it is yellow and smooth. Add more almond milk as needed.
4. Get out two bowls. In each bowl, add pink smoothie mixture on one side and yellow smoothie mixture on the other side. Leave room for toppings!
5. Top each smoothie bowl with rainbow of diced strawberries, bananas, green grapes, blueberries, chocolate chips and honey.
6. Enjoy with a spoon!